



BREAKFAST MENU 2018-19

Rotates Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Benefit Bar, Choc/Ban	Apple Frudel	Mini-Cinni	Breakfast Pizza	Muffins
Reduced Sugar Cereal	Reduced Sugar Cereal	Reduced Sugar Cereal	Muffins	Reduced Sugar Cereal
Cheese, Mozz String	Cheese, Mozz String	Cheese, Mozz String	Reduced Sugar Cereal	Cheese, Mozz String
Fresh Fruit	Fresh Fruit	Fresh Fruit	Cheese, Mozz String	Fresh Fruit
Orange Juice	Orange Juice	Orange Juice	Fresh Fruit	Orange Juice
Milk:	Milk:	Milk:	Orange Juice	Milk:
Nonfat Chocolate	Nonfat Chocolate	Nonfat Chocolate	Milk:	Nonfat Chocolate
1% White	1% White	1% White	Nonfat Chocolate	1% White
Lactaid, Nonfat	Lactaid, Nonfat	Lactaid, Nonfat	1% White	Lactaid, Nonfat
			Lactaid, Nonfat	
Breakfast \$1.25	Reduced .30	Free to those who qualify		
<i>Please check your balance and pay online at sizer school.org</i>				
FOR MENU MODIFACTION REQUESTS, PLEASE CONTACT MRS. NELSON @ 978-345-2701 EXT 417				