




January 2019

◀ Dec 2018		January 2019					Feb 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
BAGEL/YOGURT MEAL DAILY SUNWISE SAND DAILY		1 	2 RETURN TO SCHOOL OMELET/BISCUIT CHEESEBURGER TSTD CHEESE/TOM SOUP VEGGIE BURGER SUB SAND FRIES	3 CHIC BACON RANCH TACO BOATS RIB BQ PEPP BREADSTICKS CHEESY BREADSTICKS LETTUCE/TOM TOPPINGS	4 CHEESE PIZZA PEPPERONI PIZZA CHICKEN PATTY CORN DOG BUFF CHIC SUB	5	
6 WEEK ONE	7 CHEESE RAVIOLI MEATBALL SUB CHEESE QUESADILLA SUB SAND SWEET POT FRIES	8 CHICKEN NACHOS CHEESE NACHOS CHEESE PIZZA BUFF CHIC PIZZA FIESTA BEANS/CORN	9 FRENCH TOAST/SAUSAGE HAM/CHEESE BAGEL MELT CHEESEBURGER VEGGIE BURGER SUB SAND FRIES	10 TURKEY ALFREDO RIB BQ SAND PEPP BREADSTICKS CHEESY BREADSTICKS BROCCOLI	11 CHEESE PIZZA PEPPERONI PIZZA CHICKEN PATTY HAMBURGER BUFF CHIC SUB	12 	
13 WEEK TWO	14 CHICKEN NUGGETS/ROLL MEATBALL SUB CHEESE QUESADILLA SUB SAND SWEET POT FRIES	15 CHICKEN NACHOS CHEESE NACHOS CHEESE PIZZA BUFF CHIC PIZZA FIESTA BEANS/CORN	16 PANCAKES/SAUSAGE CHEESEBURGER TSTD CHEESE/TOM SOUP VEGGIE BURGER SUB SAND FRIES	17 ORANGE CHICKEN/RICE PULLED PORK PEPP BREADSTICKS CHEESY BREADSTICKS BUFF CHICKEN SALAD BROCCOLI	18 CHEESE PIZZA PEPPERONI PIZZA CHICKEN PATTY HAM/CHEESE BAGEL MELT BUFF CHIC SUB	19 FRESH FRUITS AND VEGETABLES DAILY	
20 WEEK THREE	21 	22 BEEF NACHOS CHEESE NACHOS CHEESE PIZZA BUFF CHIC PIZZA FIESTA BEANS/CORN	23 <u>BREAKFAST PIZZA</u> CHEESEBURGER HAM/CHEESE BAGEL MELT VEGGIE BURGER SUB SAND FRIES	24 CHICKEN FRIED RICE RIB BQ PEPP BREADSTICKS CHEESY BREADSTICKS BUFF CHICKEN SALAD BROCCOLI	25 CHEESE PIZZA PEPPERONI PIZZA CHICKEN PATTY FISH STICKS BUFF CHIC SUB	26	
27 WEEK FOUR	28 LASAGNA MEATBALL SUB CHEESE QUESADILLA SUB SAND SWEET POT FRIES	29 BEEF NACHOS CHEESE NACHOS CHEESE PIZZA BUFF CHIC PIZZA FIESTA BEANS/CORN	30 OMELET/ BISCUIT CHEESEBURGER TSTD CHEESE/TOM SOUP VEGGIE BURGER SUB SAND FRIES	31 SHEPHERDS PIE RIB BQ PEPP BREADSTICKS CHEESY BREADSTICKS BUFF CHICKEN SALAD	PLEASE CHECK YOUR BALANCE AND PAY ONLINE AT Sizerschool.org		